

| Place | Temps | Nom | Prénom | Club | Cat. |
|-------|----------|---------------|-----------------|--------------------|------|
| 1 | 00:42:08 | ROBUR | Jean Yannis | | SEH |
| 2 | 00:42:44 | SOLIER | David | | SEH |
| 3 | 00:43:18 | KHIMOUN | Salim | | ESH |
| 4 | 00:43:54 | PHALIPPOU | Benoit | Team Cap Run | SEH |
| 5 | 00:44:16 | SENTOST | Benoit | Afum Team Auterive | SEH |
| 6 | 00:45:51 | BUSSON | David | | SEH |
| 7 | 00:48:08 | BUENO | François | Foulees Du Sou | SEH |
| 8 | 00:48:33 | LEFORT | Guillaume | Individuel | SEH |
| 9 | 00:48:49 | MONIER | Christophe | | V1H |
| 10 | 00:48:55 | MURILLO | Cyril | Individuel | SEH |
| 11 | 00:48:58 | ARIAS | Stephane | Trebes Triathlon | SEH |
| 12 | 00:49:06 | GATTI | Sylvain | Individuel | SEH |
| 13 | 00:49:13 | PERIN | Luc | | SEH |
| 14 | 00:49:17 | BERNARD | Cyril | Asptt Narbonne | V2H |
| 15 | 00:49:35 | ROUQUET | Regis | Trebes Triathlon | V1H |
| 16 | 00:49:45 | SAINTE ROMANE | Marcel | | V3H |
| 17 | 00:49:54 | DEFRANCE | Julien | | SEH |
| 18 | 00:49:59 | ZWILLER | Marc | Foulees Du Sou | SEH |
| 19 | 00:50:06 | BLANC | Nicolas | Individuel | ESH |
| 20 | 00:50:34 | PUERTAS | Raphael | | V2H |
| 21 | 00:50:54 | CAVERIVIERE | Julien | Individuel | SEH |
| 22 | 00:51:07 | PICARD | Guillaume | | SEH |
| 23 | 00:51:14 | VINCENT | Charles Olivier | | SEH |
| 24 | 00:51:16 | BURLAND | Franck | | V1H |
| 25 | 00:51:18 | FAVIER | Jean Michel | Tcc | V2H |
| 26 | 00:51:38 | REILLA | Henri | | V3H |
| 27 | 00:51:59 | ROCHER | Francois | Individuel | SEH |
| 28 | 00:52:04 | DAUBIN | Xavier | Individuel | V2H |
| 29 | 00:52:05 | VIALETTE | Yannick | | SEH |
| 30 | 00:52:07 | PAREDES | Michel | Individuel | V1H |
| 31 | 00:52:10 | ALEMANY | Patrick | | V1H |
| 32 | 00:52:11 | VAREILLES | Roman | | ESH |
| 33 | 00:52:16 | LACAMBRA | Yannick | | SEH |
| 34 | 00:52:19 | LEDOGAR | Stephane | | SEH |
| 35 | 00:52:21 | CABROL | Thierry | | V2H |
| 36 | 00:53:00 | HUET | Emmanuel | | SEH |
| 37 | 00:53:09 | SANTOUL | Jean Louis | Team Cap Run | V1H |
| 38 | 00:53:32 | VIDAL | Linda | | SEF |
| 39 | 00:53:33 | VIDAL | Jerome | | SEH |
| 40 | 00:53:58 | BERMEJO | Guy | Groles Trotteurs | V1H |
| 41 | 00:55:24 | GALVEZ | Joaquim | Individuel | V1H |
| 42 | 00:55:41 | RIVIERE | Olivier | Individuel | V1H |
| 43 | 00:55:45 | MARTIN | Serge | | SEH |
| 44 | 00:56:00 | TALAYRACH | Olivier | Individuel | SEH |
| 45 | 00:56:13 | ROUX | Stephane | Cru Minervois | SEH |
| 46 | 00:56:16 | MANGOTTE | Jerome | Individuel | SEH |
| 47 | 00:56:24 | DURAND | Alex | | V2H |
| 48 | 00:56:54 | LABROSSE | Cedric | | SEH |
| 49 | 00:56:55 | GILBERT | Boris | Individuel | V1H |
| 50 | 00:56:57 | GARCIA | Lucas | | ESH |
| 51 | 00:57:09 | APLOGAN | Philippe | | V2H |
| 52 | 00:57:18 | FERNANDES | Jose | | V2H |
| 53 | 00:57:22 | MAZAROTTI | Jean Louis | Team Cap Run | V1H |
| 54 | 00:57:27 | PARRA | Elia | Individuel | V1F |
| 55 | 00:57:32 | MARGUERITE | Stephane | Individuel | SEH |

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| 56 | 00:57:55 | SOTOCA | Albert | | V1H |
| 57 | 00:58:00 | VIZCAINO | Alain | Acfc | V2H |
| 58 | 00:58:11 | SOURNIES | Hubert | | V2H |
| 59 | 00:58:14 | GIANESINI | Herve | | V3H |
| 60 | 00:58:27 | MONTECH | Jean Francois | | V1H |
| 61 | 00:56:24 | BOYER | Jean Pierre | | V3H |
| 62 | 00:58:37 | PORTOLAN | Celine | Afum Team Auterive | SEF |
| 63 | 00:58:38 | CHAPEAU | Eric | Foulees Du Sou | V1H |
| 64 | 00:59:02 | JAMMES | Andre | | V2H |
| 65 | 00:59:20 | BOURDAIRE | Francois | | V2H |
| 66 | 00:59:23 | BIRINGER | Maxime | | SEH |
| 67 | 00:59:31 | FAIVRE | Christian | | V2H |
| 68 | 00:59:58 | HENRY | David | Individuel | SEH |
| 69 | 00:59:59 | CLERC | Jean Michel | Les Lacets Défaits | SEH |
| 70 | 01:00:13 | MUCHCHIUTI | Cathy | | V1F |
| 71 | 01:00:22 | BOURIANE | Corinne | | V1F |
| 72 | 01:00:34 | KIEFFER | Laurent | Groles Trotteurs | V1H |
| 73 | 01:00:45 | MONTE | Jean François | Individuel | SEH |
| 74 | 01:01:31 | CIARDULLO | Jean | | V2H |
| 75 | 01:01:42 | TRINCAZ | Carine | | SEF |
| 76 | 01:02:17 | DU VAUCHEL | Bruno | | V1H |
| 77 | 01:02:22 | FELDKIRCHNER | Caroline | Individuel | SEF |
| 78 | 01:02:25 | CERESUELA | Stephan | Individuel | V1H |
| 79 | 01:02:39 | DUCRUC | Anne Sophie | Individuel | SEF |
| 80 | 01:02:41 | ROUSSEL | Laurent | Groles Trotteurs | SEH |
| 81 | 01:02:42 | DAS NEVES | Tony | Individuel | V1H |
| 82 | 01:02:50 | BERTRAND | Marie Helene | Individuel | SEF |
| 83 | 01:02:55 | MAZARROTI | Stephanie | Team Cap Run | SEF |
| 84 | 01:03:22 | FERRIE | Philippe | Individuel | V1H |
| 85 | 01:03:33 | VAUCHER | Emmanuel | | V2H |
| 86 | 01:03:41 | MOREAU | Francois | Individuel | V3H |
| 87 | 01:03:52 | COUSSINOX | Jerome | Individuel | SEH |
| 88 | 01:04:04 | CHARLES | Frederic | Individuel | SEH |
| 89 | 01:04:07 | CABROL | Sylvain | | SEH |
| 90 | 01:04:08 | ROYELA | Jacques | Individuel | V2H |
| 91 | 01:05:20 | BOISOT | Marcel | | V3H |
| 92 | 01:05:27 | PELLERIN | Patrice | | SEH |
| 93 | 01:05:42 | CASTEX | Francine | Asptt Narbonne | V3F |
| 94 | 01:05:53 | TRAN | Than-Mai | Asptt Narbonne | V1F |
| 95 | 01:06:20 | LADOUCEUR | Genevieve | | V1F |
| 96 | 01:06:22 | LACROIX | Patrick | Individuel | V3H |
| 97 | 01:06:42 | BRUYERE | Sandrine | Individuel | SEF |
| 98 | 01:06:46 | FALETTI | Christine | Individuel | SEF |
| 99 | 01:06:47 | MALTAVERNE | Caroline | | SEF |
| 100 | 01:06:49 | DEVILLE | Philippe | | SEH |
| 101 | 01:07:40 | GARCIA | Antoine | | V3H |
| 102 | 01:08:22 | BOURDIER | Caroline | Individuel | SEF |
| 103 | 01:08:23 | LENE | Fabien | 3 Rpima | SEH |
| 104 | 01:09:00 | GUALDE | Jean Michel | Poumpils Cabardes | V2H |
| 105 | 01:09:50 | CUTILLAS | Annie | Poumpils Cabardes | V2F |
| 106 | 01:09:52 | LOUBES | Gerard | Poumpils Cabardes | V3H |
| 107 | 01:09:55 | TRONC | Stephane | Individuel | SEH |
| 108 | 01:10:02 | GUILLEBERT | Olivier | Individuel | SEH |
| 109 | 01:10:05 | TORRES | Sylvie | Individuel | V2F |
| 110 | 01:10:10 | VACQUIE | Jean Pierre | | V2H |
| 111 | 01:10:22 | BOUNAJI | Karim | Individuel | SEH |

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| 112 | 01:10:24 | LUCQ | Stephane | Individuel | SEH |
| 113 | 01:10:51 | LAFON | Martine | Individuel | V1F |
| 114 | 01:11:22 | COUSSINOUX | Jean Pierre | Individuel | V2H |
| 115 | 01:12:12 | VIDALLED | Philippe | | V2H |
| 116 | 01:12:36 | SOTOCA | Catherine | | V1F |
| 117 | 01:12:50 | COUSSINOUX | Daniele | Individuel | V2F |
| 118 | 01:13:13 | ZAJAC | Christophe | | SEH |
| 119 | 01:15:34 | FLORIAN | Huguette | | V2F |
| 120 | 01:16:38 | NAGY | Emmanuel | Individuel | SEH |
| 121 | 01:17:21 | CLAUZIER | Elodie | Individuel | V1F |
| 122 | 01:17:57 | CROS MAYREVIEILLE | Bertrand | Chateau D Argeres | SEH |
| 123 | 01:18:32 | DEL BASSO | Veronique | Groles Trotteurs | V1F |
| 124 | 01:18:33 | LUCHIER | Fabrice | | SEH |
| 125 | 01:19:31 | BOIX | Nathalie | | V1F |
| 126 | 01:19:33 | JAMMES | Patrick | | V1H |
| 127 | 01:20:18 | NAVES | Sophie | Individuel | SEF |
| 128 | 01:21:19 | GARCIA | Laurence | Individuel | V1F |
| 129 | 01:21:31 | PEIRUZA | Marc | Individuel | V1H |
| 130 | 01:27:51 | TRUCHET | Cecile | | V1F |
| 131 | 01:27:52 | HUILLET | Christophe | Individuel | V1H |
| 132 | 01:33:34 | ORRIT | Celine | Individuel | SEF |
| 133 | 01:33:35 | ORRIT | Cyril | 3 Rpima | SEH |
| 134 | 01:33:37 | PLA | Emeric | Individuel | SEH |
| 135 | 01:34:20 | MONTAGUT | Pierre | Poumpils Cabardes | V3H |
| 136 | 01:34:22 | BATTUT MONTAGUT | Aline | Poumpils Cabardes | V2F |
| 137 | 01:34:24 | JUJU | Le Clown | Fleury Triathlon | V4H |